



EXHALE



Body Massage

	30 Mins	60 Mins	90 Mins
Thai Oil Therapy		1,200	1,600
Soothing Aroma Therapy		1,100	1,500
Thai Hot Compress			1,600
Asian Thai Massage		800	1,000
Indian Head Massage		600	800
Reflexology Foot Massage	600	800	
Back, Neck & Shoulder	600	800	

*CHIROPRACTIC SERVICES / CHEROKEE BONE SETTING AND ADVANCED BODYWORK STRUCTURAL INTEGRATIONS SPECIALIZED MASSAGE THERAPY**

Adjustment Trigger Point Therapy followed by	20 Mins / 1,200		
Adjustment Deep Tissue Strong Massage with	30 Mins / 1,400		
Adjustment Kambo Detox Therapy	60 Mins / 2,000	90 Mins / 3,000	
	Allow 2 hrs. / 4,000		

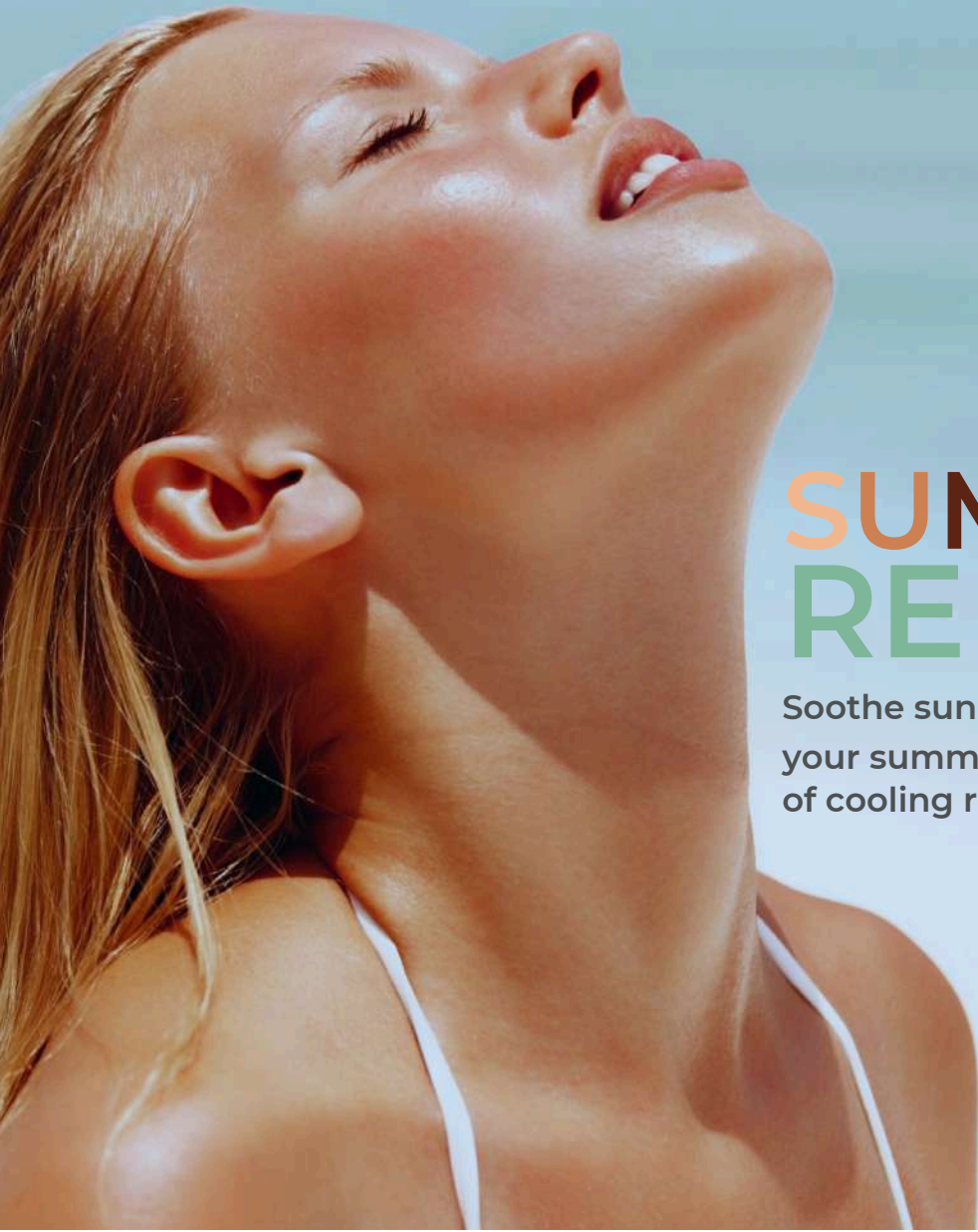
*Please book 1 day in advance

*Tax & Service Charge included

explorarhotels.com



EXHALE
WELLNESS & SPA



SUMMER REFRESH

Soothe sun-kissed skin and restore your summer glow with 120 minutes of cooling renewal

30-Minute Body Scrub

Gently exfoliate and refresh, washing away the heat of the sun.

30-Minute Body Wrap

Hydrate and nourish, leaving your skin soft, cool, and rejuvenated.

60-Minute Thai Aroma Zen Therapy

Gentle, rhythmic movements and herbal-infused oils ease tension and restore harmony.

THB **1,990** net
per person

Explorar
KOH PHANGAN

An Adults Only Resort 16+

EXHALE WELLNESS & SPA, KOH PHANGAN | OPENS 10 AM - 8 PM DAILY

☎ 077 951 567

📍 Exhalewellnessspa

📘 Exhale Wellness & Spa

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