



EXHALE



Body Massage

	30 Mins	60 Mins	90 Mins
Thai Oil Therapy		1,200	1,600
Soothing Aroma Therapy		1,100	1,500
Thai Hot Compress			1,600
Asian Thai Massage			1,000
Indian Head Massage		800	
Reflexology Foot Massage	600	800	
Back, Neck & Shoulder	600	800	
	600	800	

*CHIROPRACTIC SERVICES / CHEROKEE BONE SETTING AND ADVANCED BODYWORK STRUCTURAL INTEGRATIONS SPECIALIZED MASSAGE THERAPY**

Adjustment Trigger Point Therapy followed by	20 Mins / 1,200	
Adjustment Deep Tissue Strong Massage with	30 Mins / 1,400	
Adjustment Kambo Detox Therapy	60 Mins / 2,000	90 Mins / 3,000
	Allow 2 hrs. / 4,000	

*Please book 1 day in advance

*Tax & Service Charge included

explorarhotels.com



EXHALE
WELLNESS & SPA



RELAX & RELIEF

Embark on a journey of
targeted relaxation and relief

1,000 ++
per couple

Your 45 Minute Escape

Choose this focused treatment to ease tension and restore balance

Back, Neck & Shoulder Massage

Experience the ultimate relief with a massage specifically designed to target key stress areas. Let our skilled therapists melt away tension, leaving you feeling refreshed and revitalized.

EXHALE WELLNESS & SPA, PHANGAN

OPENS 10 AM - 8 PM DAILY

 077 951 567

 Exhalewellnessspa

 Exhale Wellness & Spa

 exhale.kohsamui@explorarhotels.com

Above price is subject to 10% service charge and 7% government tax